Beyond The Veil, Sacred Breathing-Worship.

- Would you like to lower your risk of dying from a heart attack by 27% or lower your risk of dying of cancer by 21%? Then sing!
- JAMA Internal Medicine, May 16, 2016 Study led by Tyler VanderWeele, professor of epidemiology at Harvard Chan School. 74,534 women in study from 1992-2012

- "Worship the Lord with reverence, and rejoice with trembling. Ps. 2:11
- Ascribe to the Lord the glory due to his name; worship the Lord in holy array. Ps. 29:2
- Satan to Jesus, "all these things I will give you if you fall down and worship me."
- "This people honors me with their lips, but their hearts are far from me. But in vain do they worship me, teaching as doctrines the precepts of men.: Is. 29:13

- Worship- "To honor with extravagant love and extreme submission; as a lover." Noah Webster 1828
- C.S. Lewis, "that holiness makes us more ourselves and sin makes us less ourselves, that is, dull and boring. Holiness makes the world more interesting."

- "Imagination is the divine body in every man." William Blake
- Blake also would say, "Creative internal power is the holy ghost."
- "Imagination is the keeper of the mystery into the infinite." C.S. Lewis

• "Amazingly, it has been found that as people sing together in worship to God, as in a choir for instance, as well as the beneficial effects to the heart, their heartbeats actually synchronize. In other words their hearts beat as one." Angela Salerno, Ex. Dir. INH Health Watch

- The spoken word should always lead to worship. Worship should always open the heart to the spoken word. But ultimately the key to kingdom and King and those that would desire a rich abiding intimacy is worship.
- •We worship with, not to.