

Creekside – Topics

The Heart of us All

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- 1. Defining the Heart and Mind**
 - 2. Protecting Your Heart**
 - 3. Integrating the Heart and Mind**
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Proverbs 4:23

**Above all else, guard your heart, for it is the
wellspring of life.**

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In the ancient world

The MIND - Rational thoughts. Considered to be the non-material soul.

The HEART - The seat of all emotions, passions, desires, and feelings
(sometimes the “Kidneys”... the gut - like gut reaction)

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YOU - The Watchman of Your Heart



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Psalm 32:7

**You are my hiding place; you will
protect me from trouble and
surround me with songs of
deliverance.**

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Psalms 23:4

**Even though I walk through the
valley of the shadow of death, I
fear no evil, for You are with me;
Your rod and Your staff, they
comfort me.**

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Psalms 23:5-6

**You prepare a table before me in the
presence of my enemies;**

**You have anointed my head with oil;
My cup overflows.**

**Surely goodness and lovingkindness will
follow me all the days of my life,**

**And I will dwell in the house of the LORD
forever.**

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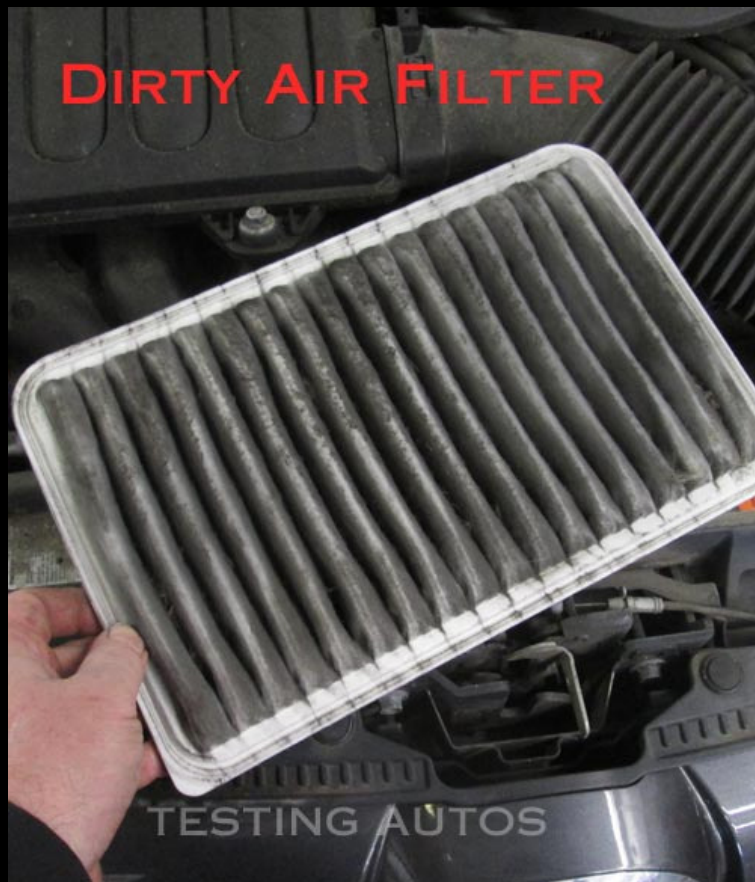
Psalms 73:25

**[25] Whom have I in heaven but you?
And earth has nothing I desire besides
you.**

**[26] My flesh and my heart may fail,
but God is the strength of my heart
and my portion forever.**

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The Mind = Filter



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Mind Filters:

- 1. God's Word**
 - 2. History as a Filter**
 - 3. Holy Spirit**
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Proverbs 4:20 -23

My son, give attention to my words; Incline your ear to my sayings. [21] Do not let them depart from your sight; Keep them in the midst of your heart. [22] For they are life to those who find them And health to all their body. [23] Watch over your heart with all diligence, For from it *flow* the springs of life.

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Now.....add another complication.....

Jeremiah 17:9-10

**The heart is deceitful above all things,
and it is exceedingly corrupt: who can
know it?**

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And it gets worse:

Matthew 15:19

“For out of the heart come evil thoughts,
murders, adulteries, fornications, thefts,
false witness, slanders.

Romans 7:24

Wretched man that I am! Who will set me
free from the body of this death?

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2Cor 10:5

We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

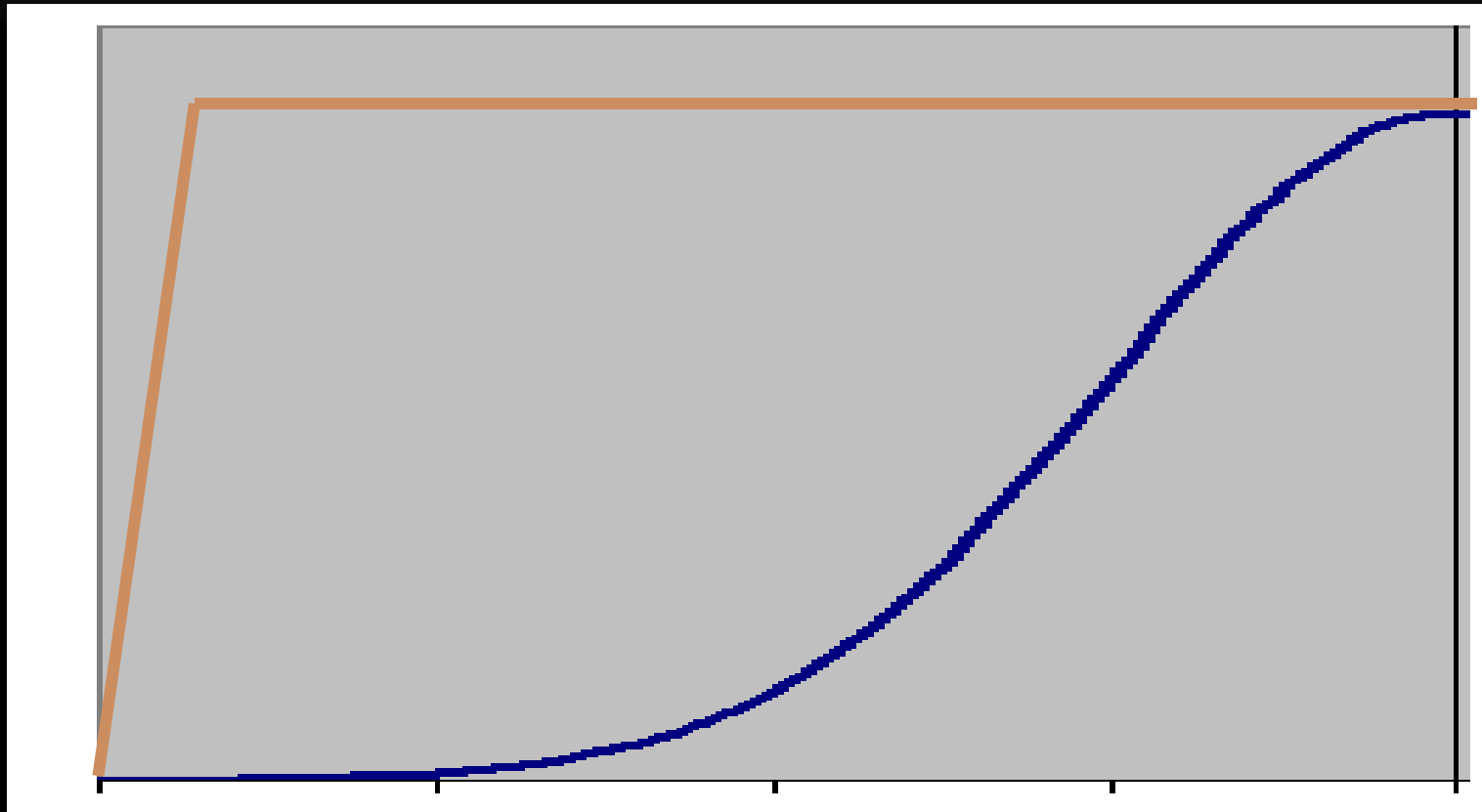
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Psalms 139:23

[23] Search me, O God, and know my heart; Try (*Investigate*) me and know my anxious thoughts (*concerns*);

[24] And see if there be any hurtful way in me, And lead me in the everlasting way.

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Emotions vs Thought



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Hebrews 4:15

**For we do not have a high priest who
cannot sympathize with our weaknesses,
but One who has been tempted in all things
*as we are, yet without sin.***
